



## The ultrasound technology for modifying enzyme activity

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Received May 17, 2016. Accepted Jun 22, 2016.

### Abstract

Enzymes are protein complexes compounds widely studied and used due to their ability to catalyze reactions. The food processing mainly aims the inactivation of enzymes due to various undesirable effects. However, there are many processes that can be optimized by its catalytic activity. In this context, different technologies have been applied both to inactivate or to improve the enzymes efficiency. The Ultrasound technology emerges as an alternative mainly applied to achieve the enzyme inactivation. On the contrary, very few investigations show the ability of this technology under certain conditions to achieve the opposite effect (i.e. increase the catalytic activity of enzymes). The objective of this study was to correlate the ultrasonic energy delivered to the sample (J/mL) with the residual enzymatic activity and explain the possible mechanisms which results in the enzymatic activation/inactivation complex behavior. The activity of POD in coconut water was evaluated as a model. The enzymatic activity initially increased, followed by reduction with a trend to enzyme inactivation. This complex behavior is directly related to the applied ultrasonic energy and their direct mechanical effects on the product, as well as the effect in the enzymatic infinite intermediate states and its structural conformation changes. The obtained results are useful for both academic and industrial perspectives.

**Keywords:** peroxidase(POD), enzymatic activity, enzymatic structural conformation, ultrasound technology, coconut water.

### 1. Introduction

The enzyme-catalysed reactions are important in pharmaceutical, chemical, non-alimentary and alimentary industry. It is important during the processing and preservation of food, since the activity of enzymes includes undesirable reactions such as browning, rancidity, discoloration, loss of texture, among others. In this case, it is necessary to inactivate the enzymes. However, there are enzymes that catalyse desirable reactions, such as that used for hydrolysis, clarifying or to soften meat. Traditional thermal methods such as sterilization, pasteurization, precooking or blanching are the methods most known and used by the food industry for the inactivation of enzymes, although many new technologies are also studied and applied. Biotechnological techniques and also some innovative technologies are also

used to improve and increase the enzymatic efficiency. In fact, the ultrasound technology is gaining importance. There are many studies of ultrasound application to achieve enzyme inactivation, such as for lipases, proteases, peroxidase (POD), polyphenol-oxidase (PPO), polygalacturonase (PG), pectinesterase, pectinmethyl-esterase (PME), ascorbate peroxidase (APx) (Costa *et al.*, 2013; Huang *et al.*, 2015; Tiwari *et al.*, 2009; Vercet *et al.*, 2001). On the other hand, few works demonstrate the capacity of these technology to enhance the enzyme activities.

It is difficult to identify the specific enzyme mechanism during sonication, which could be due to a singular or combination of several chemical and physical effects occurring simultaneously (Rawson *et al.*, 2011).

In this work, the coconut water is

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DOI: 10.17268/sci.agropecu.2016.02.07

considered as a model product to be investigated because despite the different studies that have been performed using different technologies (such as the conventional thermal process (Fontan *et al.*, 2012; Murasaki-Aliberti *et al.*, 2009; Tan *et al.*, 2014b), membranes (Das Purkayastha *et al.*, 2012; Nakano *et al.*, 2011), use of additives (Abreu y Faria, 2007; Pereira *et al.*, 2013), microwave (Matsui *et al.*, 2007; Matsui *et al.*, 2008) and ultraviolet radiation (Augusto *et al.*, 2015), problems related with its enzyme stability (POD and PPO) are still observed. Since the ultrasound technology application in coconut has not been studied yet, this work evaluated the peroxidase (POD) enzymatic behaviour during the ultrasonic processing, considering two equipment with different frequency and acoustic intensity.

## 2. Material and methods

### 2.1. Raw material preparation

Coconut water (pH:  $5 \pm 0.4$ ; °Brix:  $5 \pm 0.8$ ) was obtained of green coconuts from the local market (CEASA/Piracicaba, SP, Brazil). After cleaning and sanitizing, the mesocarp of coconuts was drilled with a special knife to extract their water. The water was filtered to remove particulate matter. The product obtained of different fruits was mixed, portioned and rapidly frozen ( $\sim -20$  °C) for all future processes and analyses.

### 2.2. Ultrasound processing

The coconut water was processed using two ultrasonic equipment (probe and bath). The sample (105 mL) was processed for 20 min using an ultrasonic probe (ECO-SONIC, QR1000 Model, Brazil) with a frequency of 20 kHz, acoustic density 286 W/L, 1.26 cm<sup>2</sup> titanium probe (keeping it at 3 mm depth in the samples). Also, the coconut water (1700 mL) was processed for 3 hours using an ultrasonic bath (UNIQUE, USC-1400 Model, Brazil) with a frequency of 40 kHz and 28 W/L of acoustic density. These conditions were

selected after pre-evaluations. In order to control the process temperature ( $23.7 \pm 2$  °C), heat exchangers with cold water circulation were used. Along the processing period, samples of 3.5 mL were taken out in order to obtain the enzyme activity. All processes were carried out in three replicates.

The absolute ultrasonic power P (W) and acoustic energy density (W/L) was determined calorimetrically (Fonteles *et al.*, 2012; O'Donnell *et al.*, 2010). The ultrasonic energy consumption was calculated according  $U_{ec} = P \cdot t_{US}$  (J/mL), where  $t_{US}$  is the ultrasound processing time.

### 2.3. Enzyme activity evaluation

The enzyme activity assays were determined in duplicate for each sample at  $24 \pm 1$  °C and pH 6.0. This condition was selected to be the optimum pH and temperature of the coconut water enzymes (Das Purkayastha *et al.*, 2012; K. N. Matsui *et al.*, 2007; Matsui *et al.*, 2008; Murasaki-Aliberti *et al.*, 2009; Tan *et al.*, 2014a). The pH 6,0 was ensured using a buffer solution (McIlvaine's buffer), which was prepared using citric acid (C<sub>6</sub>H<sub>8</sub>O<sub>7</sub>) (Synth, São Paulo) and sodium phosphate dibasic (Na<sub>2</sub>HPO<sub>4</sub>) (Synth, São Paulo). For this purpose, a proportion of 1 mL of C<sub>6</sub>H<sub>8</sub>O<sub>7</sub> (0.2M): 2.45 mL of Na<sub>2</sub>HPO<sub>4</sub> (0.4 M) was mixed.

The POD activity was evaluated using pyrogallol (C<sub>6</sub>H<sub>6</sub>O<sub>3</sub>) (Sigma-Aldrich, India) as the substrate as described by (Augusto *et al.*, 2015; Falguera *et al.*, 2013), with a few modifications. In each assay, 1.5 mL of coconut water, 1 mL of buffer solution at pH 6.0 and 320 µL of 5% (m/v) pyrogallol solution was mixed in a quartz cuvette with a 1 cm light path. The mixture of all reagents was used as reference solution (0.000 absorbance). Then, 160 µL of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) (Synth, São Paulo) 0.147 M solution was added and mixed, which starts the reaction. The increase in the solution absorbance (Abs) at 420 nm was measured every 20 s for 10 min using a UV-Vis spectro-

photometer (Uvmini-1240, SHIMADZU, Japan).

As described by (Augusto *et al.*, 2015), the increase of absorbance at 420 nm in relation to the reaction time shows a downward concave shape curve, which could be described by a composite exponential function (Equation 1).

$$Abs_{(t_{Abs})} = Abs_{\infty} - (Abs_{\infty} - Abs_{S_0}) \cdot e^{(-k_{Abs} \cdot t_{Abs})} \quad (eq1)$$

Where:  $Abs_{(t_{Abs})}$  is the sample absorbance at 420 nm at any time,  $t_{Abs}$ ,  $Abs_{S_0}$  is its initial absorbance,  $Abs_{\infty}$  is the maximum absorbance at the equilibrium and  $K_{Abs}$  is the kinetic parameter.

The enzyme activity ( $A$ ) was then defined as the maximum reaction rate, which is observed when  $t_{Abs} = 0$ , thus being defined by:

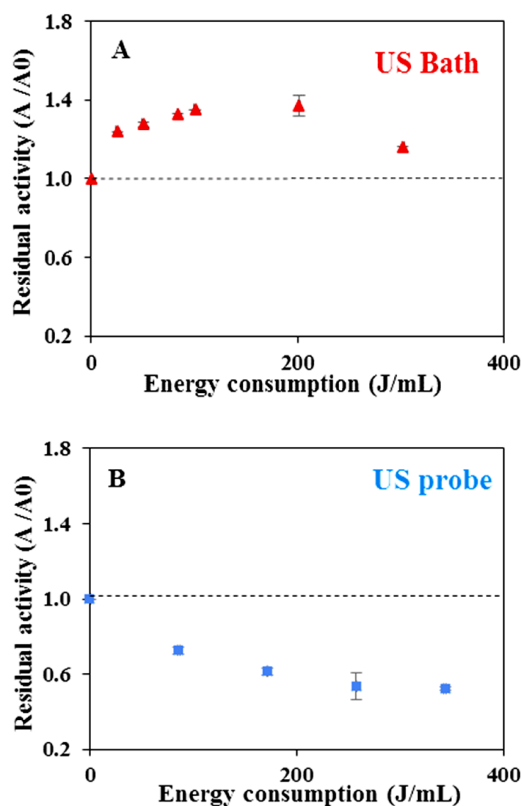
$$A = \left( \frac{dAbs(t_{Abs})}{dt_{Abs}} \right)_{t_{Abs}=0} = (Abs_{\infty} - Abs_{S_0}) \cdot k_{Abs} \quad (eq2)$$

The parameters for each model with a confidence level of 95% were obtained by regression using the Levenberg-Marquardt algorithm in Statistica 13 (StatSoft, USA) software. In order to obtain the kinetics of POD, the relative activity  $A(tus)/A_0$  was evaluated during the ultrasound processing time.

### 3. Results and discussion

All the previously studied methods have demonstrated an effective reduction of the enzyme activities in coconut water (conventional thermal process, ultra-filtration, additives addition, processing with microwave and ultraviolet radiation). However, the enzymes naturally present in coconut water showed a higher resistance when compared to those added to the sterilized medium or those added to model solutions (Augusto *et al.*, 2015; Matsui *et al.*, 2007).

Figure 1 shows the peroxidase (POD) residual activity of coconut water processed using the ultrasound bath and the ultrasound probe. It is observed that, at the same level of energy added to the system, both activation and inactivation were achieved, each one in one system.



**Figure 1.** POD residual activity after ultrasound processing: process with ultrasound bath for 3 h (A) and process with ultrasound probe for 20 min (B). Horizontal discontinuous line is the limit for being enzyme activation/inactivation. Vertical bars are the standard deviation ( $p = 0.05$ ).

The activation behaviour can be observed when high frequencies (40 kHz in the case of US bath) and low power (Wu y Lin, 2002) are used; therefore, long processing times ( $> 3$  h) are required to start inactivation. On the other hand, when low frequencies (20 kHz in the case of US probe) and high acoustic intensities were used, short times are required to achieve inactivation (and the activation period can be too short, that it is difficult to be seen). In fact, partial inactivation effects (i.e. the enzyme inactivation is not achieved completely) were reported by (Silva *et al.*, 2015) in apple. Further, variations of increase or decrease in enzyme activity was observed under specific operating conditions (time, ultrasound intensity, temperature) (Engmann *et al.*, 2014;

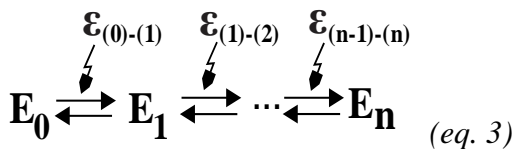
Fonteles *et al.*, 2012). For example, an increase in the enzyme activity was observed for POD with increasing processing time, and for PPO at higher temperatures (60 °C) in apple (Silva *et al.*, 2015). On the other hand, PPO inactivation was reduced as ultrasonic frequency and treatment time were increased in mulberry (Engmann *et al.*, 2014), indicating an inverse relationship. Therefore, a general conclusion cannot be specified, as the properties of both product (pH, activity of water/vapour pressure, ionic strength, composition) and process (kind of equipment, volumetric power, frequency, intensity, amplitude, reactor geometry and waves distribution) influences the enzyme activity. The ultrasonic mechanisms that change the enzyme activity are specific to the enzyme under investigation and depends on its

amino acid composition and the conformational structure (Özbek and Ülgen, 2000). It is difficult to identify the specific enzyme inactivation mechanism during sonication, which could be due to a singular or combination of several chemical and physical effects occurring simultaneously (Rawson *et al.*, 2011), resulting in multiple responses and possibilities. Table 1 reports the major factors that can affect the enzyme activity during ultrasonic processing. Since the enzyme have multiple responses, it is suggested that it can have infinite intermediate states (related with each spatial configuration associated with each value of internal energy of the system) during processing and that each intermediate state can result in an increase ( $A/A_0 > 1$ ), decrease ( $A/A_0 < 1$ ) or even the same ( $A/A_0 = 1$ ) activity.

**Table 1**  
Major factors that can affect the enzyme activity during ultrasonic processing

Mixing, particle collision, high shear rates and strong micro-streaming, ultrasonic waves propagation, sample cavitation, severe rise in temperature and pressure, sonolysis of water molecules (Ercan y Soysal, 2011; Terefe <i>et al.</i> , 2009; Vercet <i>et al.</i> , 2001).		
Possible effect	Activity response	
- Phenolic production as part of stress responses to a mechanical stimulus (Wu y Lin, 2002).	-	Increase
- Collisions promotes enzyme – substrate contact.	-	Increase
- Activation of latent isoenzymes (Engmann <i>et al.</i> , 2014).	-	Increase
- Dissociation of enzyme aggregates (López <i>et al.</i> , 1994).	-	Increase
- Changes in the three-dimensional structure (Cruz <i>et al.</i> , 2006).	-	Increase/decrease
- Conformation changes in the active site three-dimensional structure, enzyme–substrate interaction (Cruz <i>et al.</i> , 2006).	-	Increase/decrease
- Molecular unfolding, causing the exposure of more hydrophobic groups and regions from inside to the outside (Feng <i>et al.</i> , 2016).	-	Increase/decrease
- Disruption of intra- and intermolecular substrate molecule interactions (Barton <i>et al.</i> , 1996).	-	Increase/decrease
- Inactivation of sensible isoenzymes fraction.	-	Decrease
- Splitting of prosthetic group of hemoproteins (Weissler, 1960); the same could occur in holoenzymes (López <i>et al.</i> , 1994), such as peroxidase.	-	Decrease
- Protein denaturation (Terefe <i>et al.</i> , 2009).	-	Decrease

Then, the enzymes need energy ( $\epsilon$ ) to pass from one to another state (Equation 3) and each energy quantum added to the system, results in a conformational change, which can change the enzyme activity. However, most of the works consider only two to four possibilities, which can be seen as a simplification (with good or bad description of the experimental data). Even so, it is important to expand the possibilities in order to better interpret the enzyme activity data.



The results obtained in the present work suggest the applicability of the ultrasound technology to increase or decrease the enzyme activity. The increase in enzyme activity is desired in many industrial process which use enzymes for catalyse reactions such as to enhance the enzyme activities using supersaturated solutions (Lee *et al.*, 2008), improve the enzymatic reaction rate (Barton *et al.*, 1996; Sakakibara *et al.*, 1996) and accelerate enzymatic synthesis (Xiao *et al.*, 2005). In fact some recent studies used the ultrasound to improve the enzymatic efficiency such as in hydrolysis reactions by lipase (Waghmare y Rathod, 2016) where the ultrasound considerably reduced the reaction time as compared to conventional reaction, or to improve the enzymatic activity of immobilized papain (Feng *et al.*, 2016). Consequently, the present work highlights the broad use of ultrasound technology for food processing.

#### 4. Conclusions

Enzymes can present multiple states as response of processing. This complex behaviour depends on the system composition, enzyme conformation and processing properties. During ultrasonic processing, physical, mechanical or chemical factors directly affect the product

and the three-dimensional structure of the enzyme. In this study, it was shown that the ultrasound technology has the ability to increase or decrease the enzyme activity, depending on the energy applied to the product, the frequency and other properties related with the ultrasound equipment design. This information can thus be exploited to both objectives (i.e. improving catalytic activity of enzymes or promote the inactivation and/or enzymatic sensitization), expanding the possible uses of ultrasound industrially.

#### Acknowledgments

The authors are grateful to the São Paulo Research Foundation (FAPESP, Brazil) for funding the project n° 2014/16998-3 and, the JH Trevilin B.Sc scholarship (2015/15304-0), the National Council for Scientific and Technological Development (CNPq, Brazil) for funding the project n° 401004/2014-7, and the Coordination for the Improvement of Higher Education Personnel (CAPES, Brazil) for the ML Rojas M.Sc. scholarship.

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